

Wings of Kindness

5K Run

When: Saturday, August 3, 2024 (Rain or Shine)

Where: Little Buffalo State Park, Pavilion #1—Pool Entrance (Please note: Moved from Millerstown Park)

Pre-Register: Online at Wingsofkindness.org (Closes July 31 @ noon online, postmarked July 28 mailed)

Race Day Registration: 7:45-8:15 AM

Race Time: 8:30

Cost: Pre-register - \$25 with shirt, \$20 without shirt

Ghost runner- \$20 not running but want a shirt

Virtual runner-I'll run on my own \$25 with shirt, \$20 without a shirt

Donation-Not running/donation only – indicate shirt size if desired

Race Day - \$30 with shirt, \$25 without shirt

SUPPORT LOCAL BUSINESS...THANK YOU TO OUR SPONSORS!

Route 333 Supplies, Millerstown Moose, Jason Lesh Construction, Barnes Body Shop,

Losch Floor Covering, CPRS Physical Therapy, Hengst & Stirling Family Dental, Jay Fulkroad & Sons,

HM Flickinger & Sons, Millerstown Veterinary Assoc, Heller's Gas, Frymoyer Storage,

Rickenbaugh Building Supply, Roger Snyder Insurance, RE Smith & Son, LW Brodisch Real Estate,

Bark of the Town, Apollo Fence Co, Perry Pallet Inc, J.P. Russell & Son, Hooper's

Name _____ Phone _____

Email _____ Age _____ Male or Female _____

Mailing Address _____

T-Shirt (while supplies last) Circle One:

No Shirt **Youth:** **Medium Large** **Adult:** **Small Medium Large XL**

Waiver Statement – I hereby assume all risks to my participation in the Wings of Kindness 5K event. I release myself, my heirs, and executives from any claim against Wings of Kindness and all facilities, sponsors and helpers.

Signature _____ Date _____

(Parent Signature if under 18)

Contact: Jo Gantt 717-589-9938 or jgantt2223@gmail.com

Mail to: Jo Gantt/Wings of Kindness 5K, 162 Deer Drive, Millerstown, PA 17062